



Empowering those impacted by brain injury

2022-2023

**Outcome Measure Report and
Improvement Plan**



BRAIN INJURY SERVICES

Outcome Measure Report and Improvement Plan

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Introduction

Brain Injury Services (BIS) recognizes that to empower the lives of those impacted by brain injuries, we must be dedicated to the continual improvement of our programs and services. An Outcomes Measurement and Performance Improvement system was put into place in July 2019 to increase data collection and analysis so that the experiences of our clients and stakeholders can be better understood, evaluated and enhanced. Additionally, BIS provides outcome data to the Virginia Department for Aging and Rehabilitative Services (DARS) which can be found: <https://www.vadars.org/cbs/apps/outcomes/annualscores.aspx#gsc.tab=0>

Methods

Each year, BIS programs develop one ambitious outcome goal in each of the following areas:

Effectiveness- What are the results achieved for the persons served?

Satisfaction- What is the satisfaction of persons served and stakeholders?

Efficiency- What are the resources used to achieve results?

Service Access- What is our ability to provide services to those who desire them?

Each program may add an additional goal that is relevant to one of the categories. Once programs develop their goals, they are reviewed by the Management Team and shared with the BIS staff. Program Managers are responsible for data collection throughout the year and compliance for accuracy, reliability and completeness is overseen by the Deputy Director. The BI First database is used for some data collection. For goals the BI First system cannot measure, monthly spreadsheets are kept by the Program Manager to maintain data. At the end of the fiscal year (June) the Deputy Director meets with each Manager to review the data, analyze results, and compile the Outcome Report. Special attention is given to unmet goals and Improvement Plans are developed for each one (as noted in this report).

Our Outcomes Report helps us measure and improve the quality of our services and is used to develop our annual Performance Improvement Plans, Outreach Plans, Strategic Plan, budgets, Professional Development Goals, and the Outcome Goals for the next year. This report will be updated annually and shared with staff, clients, and stakeholders. The information is used to help us recognize our strengths, weaknesses, and opportunities for growth so that we can move closer to creating a community where every person touched by brain injury pursues their vision of a fulfilling life.

Demographic Details 2022-2023

Total Unique Consumers Served: 1142

Consumers Employed:	52
Consumers Volunteering:	51
Consumers Hospitalized:	186
Consumers Arrested/Convicted:	0
Consumers with Health Insurance:	592
Consumers Attending School:	130

Summary of Targeted Outcomes by Program

Collectively, BIS programs achieved 75% of their goals (increased from 46% last year). While this percentage is lower than strived for, it is realistic considering that this is the first year of implementation of an Outcome Measurement System. Additionally, the goals set by each program were extremely ambitious and meant to represent what exceptional services would look like. We experienced some growing pains in data collection and plan an across the board improvement to our system for gathering satisfaction feedback. We plan only slight modifications of these goals for the upcoming year to hold ourselves to a standard of excellence.

Blue= Met

Red= Unmet

	Adapt	Adult CM	ComPass	Couns.	Fred Day	Peds CM	Voc Svcs	Vol Prog
Effectiveness	Blue	Blue	Blue	Blue	Blue	Red	Blue	Blue
Experience of Persons Served	Blue	Blue	Blue	Blue	Blue	Blue	Blue	Blue
Experience of Stakeholders	Blue	Red	Blue	Blue	Blue	Red	Red	Blue
Efficiency	Red	Blue	Blue	Red	Red	Blue	Blue	Blue
Service Access	Red	Blue	Blue	Blue	Blue	Blue	Red	Blue

Adapt

Program Summary

ADAPT Clubhouse is a place for individuals with brain injuries to participate in a supportive work-ordered day. The primary focus of the program is to assist individuals with brain injuries to lead productive lives. This is achieved through skill building, volunteerism, vocational exploration, and Employment Development Services (EDS).

Program Objectives

<u>Category</u>	<u>Goal</u>	<u>Outcome</u>	<u>Notes</u>
Effectiveness	80% of members demonstrate improvement by achieving their personal goals	Met	
Experience of Persons Served	80% of active members rate the program as valuable	Met	
Experience of Stakeholders	75% of clients families responded that they feel the program is valuable	Met	
Efficiency	Complete EDS on 2 clients	Unmet	
Service Access	75% of eligible clients who tour the program become active members	Unmet	

Improvement Plan

1. Plan to re-market EDS services to DARS.
2. Plan to increase communication and collaboration with referral sources.

Adult Case Management

Program Summary

Brain Injury Services provides specialized case management to address the complex needs of survivors who have experienced disabilities involving cognition, behavior and physical functioning. This intervention focuses on minimizing institutionalization and maximizing clients' strengths and abilities in order to be a part of their community. The role of the Case Manager also includes increasing the capacity of other organizations to serve our clients, their caregivers and families; as well as, providing community education and outreach on brain injury. While each person's service plan is unique, the common goal of case management is to empower those impacted by brain injury and to build a community where every person touched by brain injury pursues their vision of a fulfilling life.

Program Objectives

<u>Category</u>	<u>Goal</u>	<u>Outcome</u>	<u>Notes</u>
Effectiveness	90% of clients served will achieve ISP goals	Met	
Experience of Persons Served	80% of clients report that these services make a difference in their life	Met	
Experience of Stakeholders	80% of referral sources rate these services as valuable	Unmet	
Efficiency	40 clients will receive BIFI and/or group services	Met	
Service Access	100% of clients wait less than 6 months for services	Met	

Improvement Plan

1. Received no responses from survey. Plan to re-assess current process and re-design to increase return rate.

ComPASS

Program Summary

The ComPASS (Community Participation and Skill-building Services) program at Brain Injury Services focuses on helping clients develop practical skills for everyday life. The ComPASS team includes occupational therapists who work to help clients build life skills through different therapy methods including assistive technology and cognitive rehabilitation. The goal is for clients to lead fulfilling lives and to be able to participate in activities that are important to them.

Program Objectives

<u>Category</u>	<u>Goal</u>	<u>Outcome</u>	<u>Notes</u>
Effectiveness	90% of clients served achieve 2 or more ISP goals	Met	
Experience of Persons Served	80% of client sessions are rated "very helpful" or higher	Met	
Experience of Stakeholders	80% of referral sources report satisfaction with client, program or personal goal progress	Met	
Efficiency	25 clients served in group setting	Met	
Service Access	40% of clients served live outside of Fairfax County	Met	

Counseling

Program Summary

The counseling services at BIS are designed to provide supportive counseling to clients and their caregivers/family to help them cope with related emotional concerns such as depression, anxiety, or grief. Our therapist is familiar with brain injury and how it can impact the life of the survivor as well as caregivers/family.

Program Objectives

<u>Category</u>	<u>Goal</u>	<u>Outcome</u>	<u>Notes</u>
Effectiveness	75% of ISP goals will be achieved	Met	
Experience of Persons Served	80% of clients are satisfied with the services they received	Met	
Experience of Stakeholders	80% of referral sources report that counseling services have led to observable progress in their clients	Met	
Efficiency	100% of clients and caregivers will wait less than 2 months for services after intake	Unmet	61% total
Service Access	50% clients served live outside of Fairfax County	Met	

Improvement Plan

1. Despite adding new staff, the wait list continues to grow which is representative of the need of mental health services. While the goal is unmet, there is a 15% improvement from the previous year. Plan to continue to seek funding for additional FTE's

Fredericksburg Day Program

Program Summary

The Fredericksburg Community Day Program is a client-directed, community-based program that is designed to meet the unique needs of the survivors living in a mixed, small, urban, and rural area. The purpose of the Community Services program is to provide innovative services and supports to empower survivors.

The goal of the program is two-fold:

- To provide services that support program members' individual goals in a group setting.
- Provide opportunities for program members to transition to meaningful and productive activities in their community.

Program Objectives

<u>Category</u>	<u>Goal</u>	<u>Outcome</u>	<u>Notes</u>
Effectiveness	Group activities provide 2 or more service impacts	Met	
Experience of Persons Served	80% of clients report valuable learning experiences	Met	
Experience of Stakeholders	85% of stakeholders report that they see value in the services offered	Met	
Efficiency	50% of groups average 5 or more attendees	Unmet	
Service Access	70% of clients report that program hours meet most or all of their needs	Met	
Additional Goal	80% of clients report valuable outcomes from in person services	Met	

Improvement Plan

1. While overall goal was not met, there was steady improvement throughout the year with a results of 41% in Q4. Plan to continue growth plan to achieve goal.

Pediatric Case Management

Program Summary

Our Child and Adolescent program is family-centered. Our pediatric case management services support families, schools, and community agencies in providing the best opportunity for appropriate development for the child or adolescent with a brain injury. Our goal is to support our clients and their families on the journey through life with a brain injury

Program Objectives

<u>Category</u>	<u>Goal</u>	<u>Outcome</u>	<u>Notes</u>
Effectiveness	80% of clients' personal goals will be achieved	UnMet	79%
Experience of Persons Served	80% of families report feeling supported through their child's recovery with services received from BIS	Met	
Experience of Stakeholders	75% of stakeholders (school employees, medical providers) feel that the services are valuable	Unmet	Unable to get surveys returned
Efficiency	80% of active clients were referred to additional services to increase independence and community inclusion	Met	
Service Access	Increase number of referrals (intakes) by 50%	Met	

Improvement Plan

1. Manager plans to incorporate ISP review into check in meetings more frequently.
2. Manager will re-assess process for stakeholder survey to improve return rate

Vocational Services

Program Summary

Most survivors of brain injuries see employment as a big milestone in their recovery and as a means to independence, self-worth, and community reintegration. However, finding and maintaining employment is a big, long-term challenge for them. Their challenges are often invisible (e.g., thinking or memory); therefore, many survivors are easily misunderstood, and their abilities are either overestimated or underestimated by employers. In fact, because of their impaired cognition, survivors often have a hard time recognizing their own capabilities and challenges. It requires great effort for survivors to discover their true capabilities and find and maintain suitable employment. Brain Injury Services' vocational specialists help our clients through this process as they reintegrate back into the workplace through supported employment and volunteer placement services.

Program Objectives

Category	Goal	Outcome	Notes
Effectiveness	80% of clients placed in vol or paid employment maintain employment for a minimum of 6 months	Met	
Experience of Persons Served	80% of clients rate our services as "excellent"	Met	
Experience of Stakeholders	80% of employers and referral sources rate our services as "excellent"	Unmet	
Efficiency	25% increase in Supported Employment referrals each year	Met	
Service Access	80% Intakes are completed within two weeks of referral	Unmet	

Improvement Plan

1. Plan to re-evaluate frequency of surveys to aim to increase return rate and hold meeting with referral sources to gain additional feedback.
2. Will increase collaboration with client team members to follow through with scheduling and re-evaluate this goal since many factors are outside of programmatic control.

Volunteer Programs

Program Summary

The Volunteer Program was established to develop a unique, in-house model that focuses on individualized services that contribute to the success of our clients in finding meaningful and productive activities, either with volunteers or by volunteering themselves in the community. Over the years, the volunteer program has strived to create programs that fill the gaps in service that exist for survivors of brain injury and has developed programs that speak to these needs. There are three service options within the Volunteer Programs that clients can choose from: Speakers Bureau, PALS (Providing a Link for Survivors) and Person-Centered Volunteering.

Program Objectives

<u>Category</u>	<u>Goal</u>	<u>Outcome</u>	<u>Notes</u>
Effectiveness	Serve/maintain 60 clients per year in all volunteer programs	Met	
Experience of Persons Served	50% of clients report that they have been empowered by their experience in the Speakers Bureau	Met	
Experience of Stakeholders	50% of volunteers report that their lives have been enriched by the experience in programs or have enriched client's lives	Met	
Efficiency	100% of referrals will be evaluated within 1 month	Met	
Service Access	Appropriate matches engaged within 2 months or referred to alternative programs	Met	

Improvement Plan

Business Function Goals

The BIS Business Function Outcomes are client satisfaction and staff retention rate which supports both our Strategic Plan and our commitment to delivering quality services. Each July, the BIS HR Consultant calculates and analyzes the annual retention rate for the previous year. The target of an 80% retention rate was set based on national data provided by the HR Consultant (SHRM 2017) and comparative data from BIS's history. The importance of this outcome has been emphasized many times over through feedback sessions with our clients and stakeholders who express the challenges they face when BIS staff change over.

BIS sends out an annual satisfaction survey to clients and stakeholders to gather feedback on the level of satisfaction of BIS an organization. Our goal is that 85% of people responding will report that since working with BIS, their lives have changed in a positive direction.

<u>Category</u>	<u>Goal</u>	<u>Outcome</u>	<u>Notes</u>
Business Function	BIS will maintain a staff retention rate of 80%	Met	81%