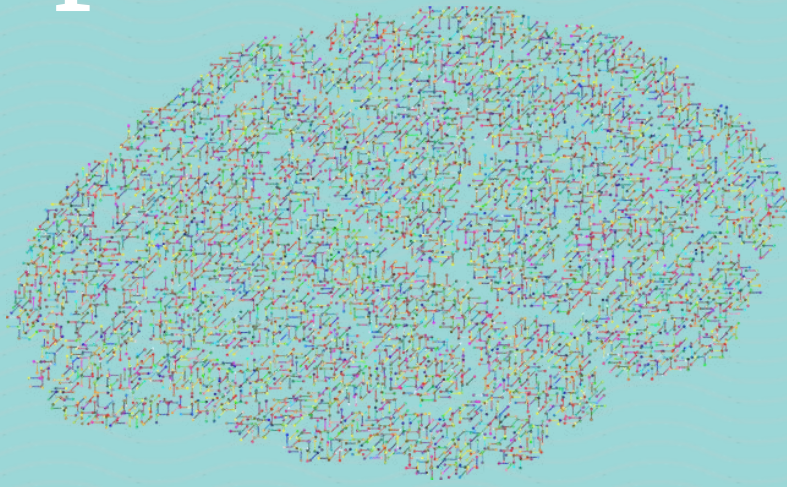


# Brain Injury Services

## 2017 Annual Report



Brain Injury Services  
helps children and  
adults with a brain  
injury build the skills  
and confidence they  
need to lead a fulfilling  
and productive life.



***No brain injury is too mild to ignore, or  
too severe to lose hope.***



# Letter from the Executive Director



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*We are excited to present our FY17 annual report. Brain Injury Services has served over 600 clients and their families this fiscal year. Our goal is to provide person-centered resources, therapies, groups and services to the many individuals and families seeking help after a brain injury.*

*Brain Injury Services' clients continue thrive because of the financial support of our partnerships and because of individual supporters like you.*

*Thank you for believing in our mission and helping us make it a reality.*

*Sincerely,*

Denise Hyater, MA, CHES, MBA  
Executive Director





# Who is affected by brain injury?



**100k**

An estimated 100,000 children and adults in Northern Virginia have sustained a brain injury, stroke or concussion.

(Brain injury Association of Virginia)



**220K**

Nearly 220,000 Virginians will experience a stroke this year.

(Brain injury Association of Virginia)



**2.7M**

Approximately 2.7 million traumatic brain injuries required emergency room visits.

(Centers for Disease Control and Prevention)



**61%**

More than 61% of children with moderate-to-severe traumatic brain injury experience a disability.

(Centers for Disease Control and Prevention)



**640K**

Among children aged 14 and younger, traumatic brain injury contributed to nearly 640,000 emergency room visits.

(Centers for Disease Control and Prevention)



**168K**

More than 168,000 Virginians are disabled as a result of a traumatic brain injury.

(Centers for Disease Control and Prevention)

***The journey for a survivor is filled with hope and possibility. Brain Injury Services empowers and supports survivors, providing innovative programs to assist children and adults with a brain injury to build the skills and confidence they need to lead fulfilling and productive lives.***

## **About Brain Injury**

### **Acquired Brain Injury**

An acquired brain injury is an injury to the brain, which is not hereditary, congenital, degenerative, or induced by birth trauma. An acquired brain injury is an injury to the brain that has occurred after birth.

Examples of ABI include:

- stroke
- near drowning
- aneurysm
- tumor
- infectious disease that affects the brain (i.e., meningitis)
- lack of oxygen supply to the brain (i.e., heart attack)

### **Traumatic Brain Injury :**

Traumatic Brain Injury (TBI) is defined as an alteration in brain function, or other evidence of brain pathology, caused by an external force.

Examples of a TBI include:

- assaults
- motor vehicle accidents
- sports injuries

Source: Brain Injury Association of America

**Whatever the cause, a brain injury has a life-altering impact. Understanding the signs and where to seek help is important. Raising awareness and funds to provide much needed services to neighbors in our community is critical.**



*The severity of a brain injury and the type of brain injury can make a difference in a person's recovery.*

## Who We Are

Since 1989, Brain Injury Services has been offering innovative programs and services to a diverse community of brain injury survivors in Northern Virginia.

We serve residents in 18 counties, making a real impact in people's journey to recovery.



## Our Philosophy: No two people are alike

Our role is to help determine the needs and priorities of children and adults, designing a plan that increases self-sufficiency and self-confidence. Our person-centered approach helps children, adults and their families make informed choices to achieve their goals.

The process of giving control back to the individual and their family allows them to determine their needs and priorities. It increases self-sufficiency, self-esteem, and it improves their chances of rebuilding their new life.

We support our clients on many levels by helping them to: discover new skills, prepare for social situations, provide a place to conquer fears; and overcome physical challenges while making new friends through the process.



*To assume that every client fits a predetermined pattern of needs, wants and goals is to undermine the success of intervention before it begins.*

## Our Programs

**ADAPT Clubhouse** Give members the opportunity to practice and develop important life skills in a supportive, work-ordered environment.

**Adult Case Management** Individuals are served through a community-based case management system that supports person-centered planning and a survivor-directed approach.

**Assistive Technology and Cognitive Rehabilitation Services** Address the complex cognitive and physical challenges associated with brain injury through innovative interventions and cutting edge technologies.

**Counseling Services** Short-term, goal directed counseling services for clients and their caregivers.

**Fredericksburg Community Services** A day program that serves clients individually and in groups with the goal of increasing their integration into the community.

**Pediatric Case Management** Comprehensive services that are family centered and allow children with brain injuries to maximize their capabilities and achieve personal success at school and in their community.

**Vocational Programs** Provides assistance with setting suitable volunteer and employment goals, finding and keeping a paid or volunteer job, and thriving at work using the long-standing supported employment model.

**Volunteering** Individualized services that facilitate success in accomplishing goals and finding productive activities in the community including TJK, Speaker's Bureau, PALS, and Person-Centered Volunteering.

# Our Impact by the numbers...



616  
families  
served

89%

of adult clients achieved their goals

88%

of pediatric clients achieved their goals

1 in 6

survivors are children served along with their families through our pediatric case management

*"One day we hope to have the resources possible to care for everyone in our community who is in need and eligible. There are many ways to help us build innovative programs, technologies and research so that we can support every child and adult in Northern Virginia." Denise Hyater- Executive Director*



# Support the cause. Join our Community. Get Connected.



**B**rain Injury Services is in the business of relationships. It is the foundation by which we accomplish our core mission — helping survivors live their best lives. Whether it is cultivating partnerships that enrich programs and services for our survivors, developing trusting relationships with our donors or engaging with corporate giving programs, the common thread is connecting over a shared purpose. Our volunteers and corporate partners serve as the cornerstone of our mission. They embrace opportunities to give back and truly inspire us with their passion. Please consider joining us and supporting our community:

## Individuals:

- [Become a monthly sustainer](#) with an automatic recurring donation to the programs that help survivors live their best lives.
- Share the gifts of time and friendship with a survivor of a brain injury
- Volunteer your time by sharing skills and expertise with Brain Injury Services
- Connect Brain Injury Services to your corporate networks for its corporate giving program and/or corporate matching programs
- Make a one-time donation or contribute yearly to our annual campaign
- Charitable shopping via Amazon Smile
- [Donate](#) your vehicle, boat, or motorcycle

## Corporations:

- [Become a corporate partner or a sponsor](#) at one of our signature events such as the [golf tournament](#) or [annual reception](#).
- Become a [monthly sustainer or annual donor](#)
- Employ a brain injury survivor
- Provide volunteers for programs and events
- Join our Board of Directors

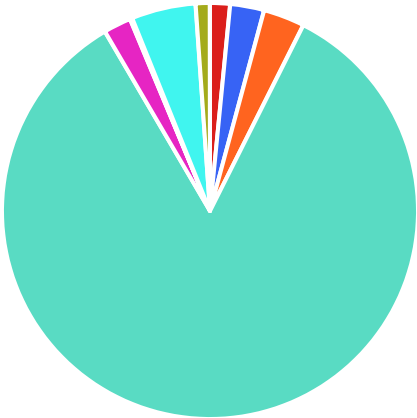
We welcome the opportunity to learn more about your interest in getting involved! For more information on how to get connected, contact us at 703-451-888, and ask to speak with our Executive Director.

# Financial Summary

Statement of Activities For the Year ended June 30, 2017

Support and Revenue	
Conferences	\$48,407.00
Contributions	\$81,753.00
Fundraising	\$99,405.00
Government Grants	\$2,608,485.00
In-Kind Contributions	\$66,912.00
Investments	\$1,934.00
Miscellaneous	\$3,602.00
Other Grants	\$154,725.00
Service Revenue	\$34,156.00

WHERE OUR DOLLARS CAME FROM  
(In Thousands of Dollars)

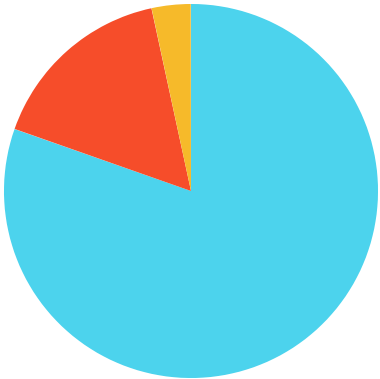


<b>Total Revenue</b>	\$3,099,379.00
Net Assets Released From Restriction	—
<b>TOTAL</b>	<b>\$3,099,379.00</b>

- Conferences (1.57%)
- Contributions (2.64%)
- Fundraising (3.21%)
- Government Grants (84.16%)
- In-Kind Contributions (2.16%)
- Investments (0.06%)
- Miscellaneous (0.12%)
- Other Grants (4.99%)
- Service Revenue (1.10%)

Expenses	
Program Services	\$2,755,222.00
Support Services	\$242,838.00

WHERE OUR DOLLARS WENT  
(In Thousands of Dollars)



<b>Total Expenses</b>	\$2,998,060.00
Increase (Decrease) in Unrestricted Net Assets	\$101,319.00

- Program Services
- Support Services
- Fundraising

Temporarily Restricted Net Assets	
Revenue	—
Net Assets Released from Restriction	—
Increase (Decrease) in Temporarily Restricted Net Assets	—

<b>Total Increase(Decrease) in Net Assets</b>	<b>\$101,319.00</b>
---	---------------------

\*As reported in the audited financials for FY17\*

# Donors and Community Partners

## Corporate Partners \$25,000

Access National Bank

## Benefactor (\$1,000-\$4,999)

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Susan Wheeler  
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Richard Turner  
Sara Tyndall  
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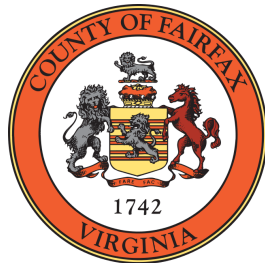
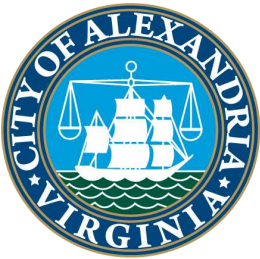
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## Community Partners





# BRAIN INJURY SERVICES

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703.451.8881

[www.braininjurysvcs.org](http://www.braininjurysvcs.org)



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